

University of Lynchburg - Bachelor of Science in Psychological Science - Sports Psychology

TRANSFER GUIDE

Catalog Years: 2025-2026

Associate Transfer Degree Plan in Psychology

COURSE REQUIREMENTS

Complete at VCCS				Complete at Lynchburg		
BACHELOR'S DEGREE REQUIREMENT	SATISFIED BY			BACHELOR'S DEGREE REQUIREMENT		
Course	Credits	CC Course	Notes	Course	Credits	Notes
No Transfer Credit	1-2	SDV 100 College Success Skills or 101 Orientation		PSYC 397 (111 lab)	1	Combined with PSY 200 completes PSYC 111 requirement
ENGL 110	3	ENG 111 College Comp I		PSYC 275W	4	Recommended to take in the first year
ENGL 123W	3	ENG 112 College Comp II	Transfers as ENGL 123	Neuroscience	4	Select from PSYC 355 or PSYC 356
Fine Arts and Humanities Requirement	3	Any of the following from UCGS Art or Humanities Arts: ART 100, CST 130, CST 151, MUS 121, MUS 226 Humanities: HUM 220, PHI 220	These two courses must come from two different disciplines.	Sports	23	PSYC 341W BIOL 224 BIOL 225 HPE 303W HPE 304W <i>One of the following:</i> PSYC 215 PBHL 292 PSYC 288 <i>One of the following:</i> *EXPH 325 SPMG 285 SPMG 265 EXPH 380
Fine Arts and Humanities Requirement	3	Any UCGS Art or Humanities (choose from a category not taken above), or Lit Literature: ENG 245 or 246		Applied	6	Select two of the following: PSYC 243 PSYC 267 PSYC 302 PSYC 306 PSYC 344
Elective (PSYC 111 if PSYC 397 is taken at UL)	3	PSY 200 Introduction to Psychology		PSYC 308	3	If not taken at VCCS
Fine Arts and Humanities Requirement	3	Any of the following from UCGS History: HIST 101, 102, 111, or 112	Transfers as HIST 103	Capstone Sequence	5	Non-research sequence: PSYC 473W and PSYC 474 OR Research sequence: PSYC 475W and PSYC 476W

						Take senior year
BIOL 114	4	BIO 101 Introduction to Biology		Major electives	6	Select from PSYC courses 200-level and above
STAT 222	3	MTH 245 Statistics or MTH 155 Statistical Reasoning	MTH 245 is required for students taking PSY 210.	Electives	8-11	
COMM 101	3-4	CST 100 Principles of Public Speaking or 110 Introduction to Human Communication				
	3-4	Any UCGS transfer course				
PSYC 274	3-4	PSY 210 Statistics for Behavioral Science	For PSY 210, PSY 200 is a prerequisite; MTH 245 is a corequisite			
PSYC 308 PSYC 302 Elective PSYC 306 *PSYC 241	3	PSY 215 Psychopathology PSY 216 Social Psychology PSY 219 Cross-Cultural Psychology PSY 225 Theories of Personality PSY 230 Development Psychology	PSY 215 recommended as it fulfills a core course for the major *This course will count as a major elective course			
PSYC 308 PSYC 302 Elective PSYC 306 *PSYC 241	3	PSY 215 Psychopathology PSY 216 Social Psychology PSY 219 Cross-Cultural Psychology PSY 225 Theories of Personality PSY 230 Development Psychology	PSY 216 recommended as it fulfills an applied course for the major *This course will count as a major elective course			
Elective BIOL 224 & 225 Language MATH 106 Elective MATH 102	15-18	PSY 211 Research Methods (PSY 210 is prereq) BIO 141 & BIO 142 Anat & Phys I and II World language through 201 or 202 level MTH 154 Quantitative Reasoning MTH 161 PreCalc I or MTH 167 Precalc with Trig (prereq to MTH 245 or MTH 261) Courses from previous row or Additional transfer electives				
CREDITS PRE-TRANSFER: 60-62				CREDITS POST-TRANSFER: 60		

TRANSFER GUIDANCE

Guaranteed Admission Agreement: University of Lynchburg

By meeting the following criteria, you are guaranteed admission into the University of Lynchburg.

This agreement does not guarantee your enrollment in any specific major.

- Graduate from a transfer-oriented degree program at a Virginia community college
- Graduate with a cumulative GPA of 2.0 or higher
- Submit an official transcript showing completion of the associate degree

Please visit the TransferVirginia.org portal to find course requirements for different majors (Transfer Tools) and **Transfer Guides** that outline course requirements for specific majors. (Resource Center)

IMPORTANT LINKS & DATES:

- **Transfer Information:** <https://www.lynchburg.edu/undergraduate-admission/for-applicants/transfer-and-access-adult-student-guide/>
- Apply by July 31 for Fall semester
- Apply by December 19 for Spring semester
- **Admission Application:** <https://www.lynchburg.edu/undergraduate-admission/for-applicants/how-to-apply/transfer-application-steps/>
- **Financial Aid:** <https://www.lynchburg.edu/undergraduate-admission/financial-aid/>
- **FAFSA - Free Application for Federal Student Aid:** Apply at studentaid.gov

WHAT SHOULD I CONSIDER WHEN SELECTING COURSES?

- Graduate programs may require courses that are not required for your undergraduate degree; therefore, students intending to pursue a graduate degree should also consider courses required by individual graduate programs.
- Create a schedule for all required courses, pay attention to prerequisites and when courses are offered, complete your first math and English courses in your first year. For help, see Transfer Steps and Resource Center at www.TransferVirginia.org
- Connect with an advisor at your community college and University of Lynchburg within your first year. College Connect available in your account at www.TransferVirginia.org

IS THIS DEGREE RIGHT FOR ME?

- Whether you want to focus on clinical (mental health) or non-clinical (organizational) careers, this major is designed to equip you with the tools and knowledge you need to meet your goals.
- You may choose from 4 different emphases for your major: counseling psychology, sports psychology, forensic psychology, or general psychology.

WHAT IS THE IMPACT ON MY DEGREE OF WORK I HAVE ALREADY COMPLETED?

- **Associate Transfer Degree Completion:** Fulfills the majority of DELL General Education courses. DELL 400W: Senior-Year Seminar is still required.
- **Dual Enrollment – Completion of Associate Degree in HS:** Lynchburg does not differentiate between an Associate degree earned through a Dual Enrollment program and one earned in attendance at a VCCS institution
- **Credit for Prior Learning:** AP, IB, CLEP, and DANTES are evaluated for credit
- **Catalog Year:** Catalog year is determined by the first semester attended at the University of Lynchburg

IS THIS COLLEGE RIGHT FOR ME?

- University of Lynchburg (known as Lynchburg College until 2018) is a small, private university in Lynchburg, Virginia offering more than 100 academic programs including master's and doctoral level degrees.
- Lynchburg is a welcome and inclusive community open to all students seeking to be an active part of engaged learning, developing mentoring relationships with faculty, participating in student life and community service on and off campus in an effort to be responsible citizens now and in the future.
- Scholarships and financial aid are awarded to all students and are often equal to the cost of attending a public university.
- Recognized as one of forty colleges that change lives in the book "Colleges That Change Lives" which has brought national recognition to UL, we are also recognized in US News & World Report and Princeton Review.

Learn more about our college at www.TransferVirginia.org

DID YOU KNOW THAT...

- Completing your Associate transfer degree satisfies the majority of your DELL general education requirements and increases the chance of completing your bachelor's degree?
- Exceeding 3 years or 90 credits at your community college means you may have exhausted your financial aid at that college and have limited your future financial aid at the University of Lynchburg?
- Up to 76 credits are eligible for transfer at the University of Lynchburg? Priority will be given to major courses, minor courses, and general education courses covered from transfer credit.

WHAT CAN I DO WITH THIS DEGREE?

Explore possible careers, salaries, and job outlook at www.TransferVirginia.org

PROGRAM SUCCESSES & HIGHLIGHTS

- Many students complete internships that have led to a job after graduation. Graduates from the Psychological Science program at the University of Lynchburg have attended graduate programs at various schools including UVA, Vanderbilt University, and Virginia Tech.

WHAT ARE MY CHANCES FOR GETTING ACCEPTED?

Any prospective student applying to the University of Lynchburg who meets the GAA criteria will automatically be accepted. Students who do not fall under the GAA agreement will still be accepted if their GPA is at least 2.0.

Learn more about applying at www.TransferVirginia.org

DO MORE WITH YOUR DEGREE!

- These are just a few jobs that our graduates have had: school counselor, human resources manager, licensed professional counselor, child life specialist, Walt Disney World cast member, policy analyst, biomedical researcher, and real estate agent.

OTHER THAN CLASSES, ARE THERE OTHER PROGRAM REQUIREMENTS?

- There are no major requirements other than classes, but an internship is recommended