

# Emory & Henry University Bachelor of Science in Exercise Science - Clinical Health Professions

## TRANSFER GUIDE

## Associate Transfer Degree Plan in Kinesiology

Catalog Years: 2025-2026

### COURSE REQUIREMENTS

Complete at VCCS				Complete at E&H		
BACHELOR'S DEGREE REQUIREMENT	SATISFIED BY		Notes	BACHELOR'S DEGREE REQUIREMENT	Credits	Notes
Course	Credits	CC Course		Course		
GNST 120	1-2	SDV 100 College Success Skills or 101 Orientation		EXSC 110- Intro to EXSC	3	If HLT 206 not taken prior to transfer. Offered Fall & Spring
ENGL 100	3	ENG 111 College Comp I		EXSC 261- Anatomy & Kinesiology	3	Offered Fall & Spring
ENGL 101	3	ENG 112 College Comp II or ENG 113 Technical-Professional Writing	Also satisfied by AP English Language-Composition test score of 3 OR AP English Literature- Composition test score of 4	EXSC 310- Exercise Physiology	4	Offered Fall & Spring
<a href="#">CORE Creative Arts, CORE Humanities, or CORE Religion</a>	3	Any UCGS Art or Humanities	These two courses must come from two different disciplines.	EXSC 336- Advanced Strength & Conditioning	3	Offered Fall only
<a href="#">CORE Creative Arts, CORE Humanities, or CORE Religion</a>	3	Any UCGS Art, Humanities, or Literature		EXSC 410- Exercise Prescription for Special Populations	4	Offered Fall & Spring
PSYC 102	3	PSY 200 Introduction to Psychology	Major requirement. Also satisfied by Psychology AP score of 3.	EXSC 440- Research in Exercise Science	4	Offered Fall & Spring, Meets major capstone requirement.
<a href="#">CORE Social Science</a>	3	Any UCGS History	Also satisfied by History AP test scores of 4 or 5	HSCI 105- Intro to Healthcare Professions	1	Offered Fall & Spring
BIOL 105	4	BIO 101 Introduction to Biology	Meets Natural Science requirement. Also satisfied by Biology AP score of 3	Contextual & Support Area	12	<a href="#">Choose from a list of courses to handcraft your Contextual &amp; Support area</a> to your interests. Some may be fulfilled in transfer.
STAT 161	3-5	Any UCGS Math course	MTH 245 Recommended. Satisfies Stats requirement for the degree. Also satisfied by a Statistics AP test score of 3.	CORE 300-World	3	<a href="#">Choose from list of courses.</a> Can be taken during any term.

BIOL 117	3-4	BIO 102	Meets General Biology Major Requirement. Also satisfied by a Biology AP test score of 4 or higher	Additional requirements not met in transfer, Electives, and/or Minor area of study	Up to 28	Chosen in consultation with E&H Advisor
	3-4	Any UCGS transfer course	Student may choose. One or more from the additional courses below is recommended.			
BIOL 120 & BIOL 121	8	BIO 141 & 142 Human Anatomy & Physiology I and II	Meets Human A&P Requirement			
EXSC 370	3	HLT 230 Principles of Nutrition				
EXSC 213	3	HLT 143 Medical Terminology				
CHEM 111 CHEM 112 EXSC 110 HHP 231 PHYS 110, PHYS 111 PHYS 201. PHYS 202 MATH 151 SOC 101	Up to 8	<b>Select additional courses as schedule allows:</b> CHM 111 General Chemistry I, CHM 112 General Chemistry II, HLT 206 Intro to Kinesiology, HLT 110 Personal and Community Health, PHY 201 & PHY 202 or PHY 241 & PHY 242, MTH 263 Calculus I, SOC 200 Intro to Sociology,	<b>HLT 206 highly recommended to meet major requirements.</b>  <ul style="list-style-type: none"> <li>• If planning to pursue graduate studies in PT after completing a Bachelor's Degree 2 semesters of Chemistry or Physics are also recommended.</li> <li>• If planning to pursue graduate studies in PA after completing a Bachelor's Degree 2 semesters of Chemistry are also recommended.</li> <li>• If planning to pursue graduate studies in AT after completing a Bachelor's Degree CHM 111 and PHY 241 or 201 are also recommended.</li> <li>• If planning to pursue graduate studies in OT after completing a Bachelor's Degree SOC 200 is also recommended.</li> <li>• CHEM 111 also satisfied by a Chemistry AP test score of 4. A score of 5 will meet CHEM 112 requirements</li> </ul>			

			<ul style="list-style-type: none"> <li>• PHYS 201 can also be satisfied by a Physics C-Mechanics AP score of 4.</li> <li>• PHYS 202 can also be satisfied by a Physics C-Electricity &amp; Magnetism score of 4.</li> <li>• MATH 151 also satisfied by a Calculus AB AP test score of 4 OR Calculus BC AP test score of 3.</li> </ul>			
MATH 121 or MATH 124	Up to 12	<p>Math prerequisites: One or more of [MTH 154 Quant Reasoning, Math prerequisites (MTH 161, 162, or MTH 167)]</p> <p>Or choose additional courses from major courses listed above or additional transfer electives</p>	<p>Highly recommend taking MTH 154 or higher. This level or higher is a major requirement.</p> <p>Both MTH 161 &amp; MTH 162 are required to be completed to receive credit for MATH 124 PreCalculus at E&amp;H.</p> <p>MTH 167 can also transfer as MATH 124</p> <p>Students will consult with advisor regarding community college requirements and with transfer guide concerning 4Y requirements.</p>			
CREDITS PRE-TRANSFER: 60-63			CREDITS POST-TRANSFER: 61-64			

**TRANSFER GUIDANCE**

This degree program is covered by the Emory & Henry University Guaranteed Admission Agreement.

By meeting the following criteria, you are guaranteed admission with a BS in Exercise Science:

- Earn a transfer associate degree.
- Submit all E&H Application Materials
- Earn a minimum GPA of 2.5 for your associate degree.
- Earn grades of "C" or higher in all community college courses.

Please create an account through the [www.TransferVirginia.org](http://www.TransferVirginia.org) portal to indicate your intent to use this guarantee for admission to E&H.

This transfer guide shows an optimal path to a bachelor's degree in Exercise Science at Emory & Henry University. Completing the coursework above will position you to transfer with junior standing and the potential to graduate in two years. If you complete the associate degree but haven't taken all of the recommended courses, you may still be able to pursue an Exercise Science degree at Emory & Henry, but your time to graduation may be impacted.

#### IMPORTANT LINKS & DATES:

- **University Transfer Center:** <https://www.emoryhenry.edu/admission/how-to-apply/transfers/>
- **Admission Application:** By July 15 for Fall Admission or December 1 for Spring Admission at <https://www.emoryhenry.edu/admission/apply-now/>
- **Financial Aid:** <https://www.emoryhenry.edu/admission/cost-financial-aid/>
- **FAFSA - Free Application for Federal Student Aid:** E&H FAFSA Code 003709 at [studentaid.gov](http://studentaid.gov)

#### WHAT SHOULD I CONSIDER WHEN SELECTING COURSES?

- Create a schedule for all required courses, pay attention to prerequisites and when courses are offered, complete your first math and English courses in your first year. Starting math early will be very helpful. For help, see Transfer Steps and Resource Center at [www.TransferVirginia.org](http://www.TransferVirginia.org)
- Connect with an advisor at your community college and Emory & Henry within your first year. College Connect available in your account at [www.TransferVirginia.org](http://www.TransferVirginia.org)

#### IS THIS DEGREE RIGHT FOR ME?

- Movement is Medicine! If you are interested in how we can treat and prevent disease, this degree may be for you!
- Hands-on Interaction in the classroom and labs with classmates and professors. Many classes are very hands-on and move seamlessly between lectures and lab activities.
- The [Clinical Health Professions track](#) is a common path for students interested in entering graduate programs in Physical Therapy, Athletic Training, Occupational Therapy, Physician Assistant Studies, Exercise Physiology, Chiropractic medicine and more.
- Healthcare Pre-Professional Scholarships are available to students interested in pursuing healthcare careers.
- This is a primarily in-person program with classes offered during weekdays during the traditional semesters. Summer and winter terms are excellent opportunities for internships and student research.

#### WHAT IS THE IMPACT ON MY DEGREE OF WORK I HAVE ALREADY COMPLETED?

- **Associate Transfer Degree Completion:** Completion of a transfer associate degree meets most of the CORE curriculum graduation requirements. The following must be completed at E&H: half of courses in major, a minimum of 33 credit hours, and CORE 300. Students completing more than 55 credit hours but do not complete the associate's degree, prior to transfer will be exempt from CORE 100, CORE 103, and the Global Citizenship requirement.
- **Dual Enrollment – Completion of Associate Degree in HS:** The completion of an associate degree concurrent with high school results in at least 60 credits of coursework applied towards your degree and may allow you to complete your bachelor's degree in as little as two years. High school students must apply to E&H as First Year applicants for orientation and engagement purposes.
- **Credit for Prior Learning:** Emory & Henry awards credit for AP, IB, and CLEP. Please see the credit [equivalency charts](#) or Check my Credits [at TransferVirginia.org](http://www.TransferVirginia.org) to determine the needed scores for course credit. Currently, we do not award academic credit for industry or military training.
- **Catalog Year:** Catalog year is determined by first semester of attendance at E&H. <https://www.emoryhenry.edu/academics/academic-resources/>

#### IS THIS COLLEGE RIGHT FOR ME?

- 'Increase in Excellence,' the historic motto of Emory & Henry, expresses our intention to be a learning community that moves toward fulfilling every student's potential.
- No matter what you choose to study at Emory & Henry University, you'll be challenged, supported and inspired by your faculty mentors. We know you want to engage. With an average class size of 14 students, you will easily be able to be involved in the discussion and have more one-on-one time with your professors.
- Emory & Henry offers undergraduate and graduate degrees in the Schools of Arts & Sciences, Business, and Health Sciences with diverse and in-demand majors, minors and tracks.
- Located in a rural setting in beautiful southwest Virginia, E&H campuses are conveniently located just off Interstate I-81.

Learn more about our college at [www.emoryhenry.edu](http://www.emoryhenry.edu) and [www.TransferVirginia.org](http://www.TransferVirginia.org)

#### DID YOU KNOW THAT...

- E&H accepts up to 75 credits in transfer towards your Bachelor's Degree?
- Completing your Associate transfer degree post-high school satisfies all lower division general education requirements and increases the chance of completing your bachelor's degree?
- Exceeding 3 years or 90 credits at your community college means you may have exhausted your financial aid at that college and have limited your future financial aid at Emory & Henry?

#### PROGRAM SUCCESSES & HIGHLIGHTS

- Nearly 100% of graduates are employed or attending graduate/professional school within 6 months of graduation.
- Early Assurance Programs and articulation agreements provide opportunities for admission to graduate programs in OT, PT, PA, AT, and more.
- Students benefit from mentorship with practicing credentialed healthcare professionals in a variety of disciplines.

### WHAT ARE MY CHANCES FOR GETTING ACCEPTED?

- 95% of transfer applicants meeting the 2.0 minimum GPA are accepted
- No essays, letters of recommendation, or interview are required.
- Learn more about applying at <https://www.emoryhenry.edu/admission/how-to-apply/transfers/>

### DO MORE WITH YOUR DEGREE!

- Explore possible careers, salaries, and job outlook at [www.TransferVirginia.org](http://www.TransferVirginia.org)
- Exercise Science at E&H is dynamic and prepares you to tackle a wide variety of social and health-related issues.

### OTHER THAN CLASSES, ARE THERE OTHER PROGRAM REQUIREMENTS?

- Students considering graduate programs must earn a C or better in all prerequisite coursework.
- Internships and shadowing experiences are encouraged but not required for the degree.